

OXFORD MIDDLE SCHOOL FALL 2017-18 SPORTS INFORMATION

Notes	Sport	Coach/Contact Information	Parent Meeting	Practice Schedule	Equipment Needed
<p>All 6th, 7th & 8th grade boys and girls are welcome to run.</p>	<p>Cross Country (6th, 7th, 8th grade)</p> 	<p>Brian Droblich drobnichb@gmail.com</p> <p>Jason Cady Jason.Cady@oxfordschools.org</p> <p>Sign up for notifications: remind.com/join/kea6af</p> <p>OR</p> <p>text @kea6af to 81010</p>	<p>Wednesday, August 2</p> <p>7pm</p> <p>OMS Football/Track Stadium</p>	<p>Preseason Conditioning Begins: Thursday, August 3 9:00am Scripser Park</p> <p style="text-align: center;">+</p> <p>Email Coach Droblich for a detailed calendar</p> <p>NO PRACTICE THE FIRST DAY OF SCHOOL</p> <p>Tuesday: 8/29 *Report to OMS Commons by 2:45 pm ready to run*</p> <p>*Practices will run from 2:45 - 3:45pm</p>	<ul style="list-style-type: none"> • Moisture-Wicking Clothing • Watch • Running Shoes • Large Full Water Bottle
<p>6th Graders <u>weighing over 145 lbs.</u> are welcome to play.</p>	<p>Football (7th and 8th grade)</p> 	<p>Brian Cisneros Brian.cisneros@oxfordschools.org</p>		<p>Monday: 8/21 through Thursday: 8/24 Captains' Agility Workouts 3:00 – 4:00pm</p> <p>First Week of School: 8/28 through 8/31 M-Th: 3:15 – 5:15pm</p> <p>*Practices will take place at the OMS football field</p>	<ul style="list-style-type: none"> • Girdle Pad w/ knee pads-\$35 • Shoes-\$50 • Chin Strap-\$20 • Gloves • Mouthguard • Sweatshirt
<p>All 6th, 7th & 8th grade girls are welcome to try-out.</p>	<p>Girls Basketball (7th and 8th grade)</p> 	<p>Rachel Bryer Rachel.bryer@oxfordschools.org</p>		<p>Monday: 8/28 Open Gym Tuesday: 8/29 Open Gym Wednesday: 8/30 Tryouts Thursday: 8/31 Tryouts</p> <p>*Practices will run from 3:00 - 5:00 pm in the OMS Gym</p>	<ul style="list-style-type: none"> • Basketball Shoes • Practice Attire

*** All OMS students who wish to try-out for any athletic team must have a completed physical (dated after April 15, 2017) on file before their first practice/try-out session***